

The Best Afterschool Program Around!

Learn Martial Arts

Supervised Homework and Activities

Build strong well rounded children

Program emphasizes:

Physical Activity

Exercise

Manners

Discipline

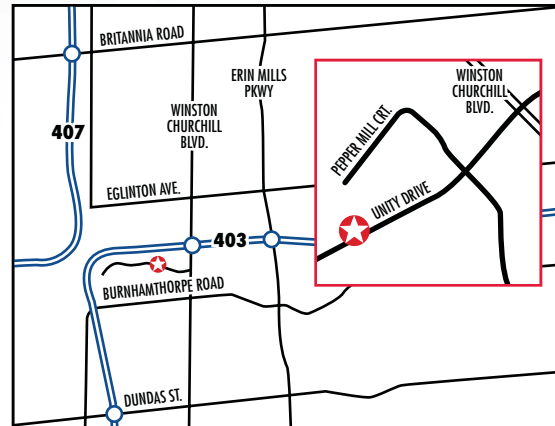
Self Defense

Self Confidence

Team Work

Leadership

*Program developed and approved by
Master Francois Balet, 7th Degree Black Belt*



MISSISSAUGA MARTIAL ARTS CENTRE

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**MISSISSAUGA MARTIAL ARTS
CENTRE**

AFTER SCHOOL PROGRAM

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**Much More
Than The
Average
After School
Program**



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MISSISSAUGA MARTIAL ARTS CENTRE AFTER SCHOOL PROGRAM

Mississauga Martial Arts Centre Kids After School Program is designed to help realize the best in your children. We have combined the perfect balance of structured activities, with supervised free time so that your kids enjoy their stay at Mississauga Martial Arts Centre.

Upon arrival kids will have 15 min to enjoy their snack and unwind from their day at school. This break will be followed by a 50 min Tae Kwon Do class. After the class kids will adjourn to our Asian styled classroom for supervised homework time or structured activities. Our program will include the best of books, games activity sheets and group activities to keep your children stimulated while they are with us.

Pick up is available until 6:15 pm



PROGRAM DETAILS:

At Mississauga Martial Arts Centre, we have designed the most beneficial after school program in the industry. Our unique blend of physical fitness and academic support provides you and your child with a stimulating environment that produces positive results. We have a program that your kids will enjoy and will be happy to come to.



Our facility is one of the largest in the industry spanning over 10,000+ sq ft with 3 dojang's and a dedicated Asian styled classroom.

The after school program is available Monday through Friday almost every week of the year.

Our pick up service will make life easier by transporting your children directly from their school.

We have structured our program to include a well rounded physical fitness program combined with after school academic support.

Martial arts classes are scheduled Monday thru Thursday with Friday featuring "fun days" for the children to end their week in a positive way.

Our planned pick up time is 6:15 pm, extended pick up times are available for an additional fee.

Our internal policy follows a strict guideline to ensure the utmost safety for all involved; therefore parents must enter the facility and sign their child out upon arrival each day.



As an added benefit we will run full day programs on most snow days and school closures to help accommodate your schedule. Drop off on these special days will be 7:30 am.

We have conveniently planned Christmas, March Break and summer camps to help cover off those difficult to plan for time periods.

Your vacations can be credited with written approval.

The club and program will only be closed for major holidays and when required the day before or day after.

In support of a healthy environment children will not be permitted if they are sick or have a contagious illness, parents will always be communicated to by a staff member in these situations.

As a safety precaution no medication will be given out at the school at any time.



*Most of all, at Mississauga
Martial Arts Centre
we guarantee our program
will help to better your
child in many ways.
We invite you to visit our
facility and see the opportunity
that awaits your child.*

