



Mississauga Martial Arts Tel: 905-607-2626

<u>TIME</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
12:00pm -1:15pm	Adult Yellow & Up		Adult Yellow & Up		Adult Yellow & Up	
4:30pm-5:20pm	After School Program	After School Program	After School Program	After School Program	After School Program	
5:30pm-6:30pm	Double Yellow to Green Stripe	Double Yellow to Green Stripe	Children Green & Up	Double Yellow to Green Stripe	Children Green & Up	Children All Belt 11am – 12pm
6:30pm-7:30pm	Children Beginner	Black belt	Children Beginner	Children Green & Up	Children Beginner	Adult All Belt 12pm - 1:15pm
7:30pm-8:45pm	All ages Green & Up (forms)	Adult All Belt	Adult All Belt SELF DEFENCE	Adult All Belt		
Jiu Jitsu		7pm - 9pm		7pm - 9pm		1pm – 3pm

Closed on all long weekends and statutory holidays

No Saturday classes during July and August

CLOSED LAST WEEK OF JULY & FIRST WEEK OF AUGUST



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